




Backpacking Light's Lightweight Camino Gear List



Function	Item		Weight
<i>Backpack</i>			
Aarn	Peak Aspiration	40-50lt	1600
	Natural Exhilaration S or L *	30-33lt	1300
Balance Pockets	Compact Bal Pockets R or S *	5/6lt	290
	Sport S or R	12lt	388
<i>Footwear</i>			
Shoes	Topo MT/Hydroventure *		400
	AKU Mio/Mia		400
	Vasque Inhaler Low GTX		804
Sandals	Luna Mono *		150
<i>Clothing</i>			
Insulation Jacket	Montane Prism Jacket *		418
Rain Jacket	Montane Minimus Mountain*		250
Rain Pant	Montane Minimus Pant*		150
Tarp/Poncho	S2S 15d Nano Poncho *		145
<i>Worn Clothes</i>			<i>grams</i>
Hat	Exofficio Bugs Away Hat		70
Neck Scarf	Buff Head Scarf+B53 *		20
Base Layer Top	Montane Primino Top*		97
Socks	Smartwool PhD Ultra Light Hike (x2) *		120
Undies	Exofficio Give'n'Go (x2) *		70
Pants	Montane Pack Pants *		285
<i>Recommended Gear</i>			
Sleeping Bag	Sea To Summit Traveller TR1*	Reg/Lrg 100-	390
Walking Poles	Black Diamond Z-poles* 	130cm	265
Headtorch	Petzl E+lite		26
Water Carriage	Platypus "Platy Plus" Bottle (x2) *	1+1lt	52
Travel Towel	Packtowl Personal *	Large	115
Tent/Shelter	Big Sky WISP		550
Wash bag	Scrubba		145
LIGHTEST ESSENTIAL TOTAL approx. <i>Items included in the total(*)</i>			4.5kg